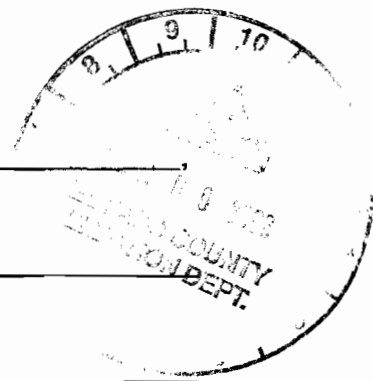


SELF-NOMINATION AND ACCEPTANCE

§§32-1-804.3 & 32-1-305.5, C.R.S



I, Paul Howard  
(Full name of the candidate as the name will appear on the ballot)

who reside at: 13480 HOLMES RD  
(residence street name and number)

BLACK FOREST, 80908, EL PASO  
(city or town, zip code) (county)

hereby nominate myself and accept such nomination for the office of Director for a four (4) year term until May 2010 on each of the Boards of Directors of Woodmen Heights Metropolitan District Nos. 1-3 (collectively the "Districts") at the May 2, 2006, election and will serve if elected.

I affirm that I am an eligible elector of the Districts and I am an eligible elector of the Districts at the date of signing this Self-Nomination and Acceptance form. I am familiar with the provisions of Article 45, Title 1 relative to the Fair Campaign Practices Act.

719-499-8416  
(Candidate phone number)

PAUL HOWARD  
Printed Name of Candidate

[Signature]  
Signature of Candidate

02/08/06  
Date

INFORMATION PROVIDED BY THE WITNESS WHO IS A REGISTERED ELECTOR OF THE DISTRICTS:

4556 Seton Hall Road  
(Witness residence street name and number)

102 E. Pikes Peak Ave, Ste 200  
(Witness mailing address if different from residence address)

Colorado Springs, CO 80903  
(Witness city or town, zip code)

El Paso  
(Witness county)

719-633-2700  
(Witness phone number)

Lindsay Case  
Printed Name of Witness

[Signature]  
Signature of Witness

2/8/06  
Date

Form must be filed with the Designated Election Official (DEO) of the District not less than 67 days prior to the regular election. To meet Fair Campaign Practices Act requirements, this form must be filed with the county clerk and recorder no less than 55 days prior to the regular election. Contact the DEO to verify the official due dates.

REC'D FEB 24 2006