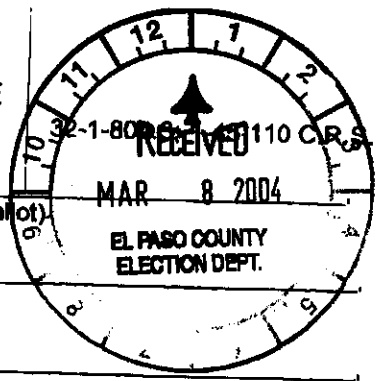


SELF-NOMINATION AND ACCEPTANCE



I, Henry E. "Cap" Proal
(full name of the candidate as the name will appear on the ballot)

who reside at: 244 Cunningham Dr
(residence street name and number)

(mailing address if different from residence address)
Colorado Springs 80911-1112
(city or town, zip code)

El Paso
(county)

hereby nominate myself and accept such nomination for the office of Director for a 4 year term on the Board of Directors of the Security Sanitation District at the May 4, 2004 election and will serve if elected.

I affirm that I am an eligible elector of Security Sanitation District and am an eligible elector at the date of signing this Self-Nomination and Acceptance Form.

I further affirm that I am familiar with the provisions of the Fair Campaign Practices Act as required in § 1-45-110 of the Colorado Revised Statutes.

Henry E. Proal
(printed name of candidate)

[Signature]
(signature of candidate)

719-392-7389
(phone number of candidate)
2-6-04
(date)

Information provided by the witness who is a registered elector:

4980 Gibbon Street
(residence street name and number)

(mailing address if different from residence address)
Colorado Springs, CO 80911
(city or town, zip code)

El Paso
(county)

Constance M. Chambers
(printed name of witness)

[Signature]
(signature of witness)

719-392-2714
(phone number of witness)
2-6-04
(date)

PROCEDURAL INSTRUCTIONS: This form must be filed with the Designated Election Official (DEO) of the District not less than 67 days prior to the regular election. To meet Fair Campaign Practices Act requirements, this form must be filed with the county clerk and recorder no less than 55 days prior to the regular election. Contact the DEO to verify the official due dates.

Received at 231 Security Blvd, Colorado, this 6 day of Feb, 2004
By: Louis Harding Jr., Designated Election Official
Security Sanitation District, El Paso County, Colorado